

2018 Spring Drive-In

May 4th, 2018

Spoon River College Outreach Center
2500 E Jackson St, Macomb, IL 61455

AIMing for self care to awaken your inner Jedi

8:00am-9:30am	Check In
9:30am-9:50am	Introductions
10am-10:50am	Session I (<i>Acknowledge</i>)
11am-11:50am	Session II (<i>Implement</i>)
Noon-1:15pm	Lunch and Keynote
1:30pm-2:20pm	Session III (<i>Motivate</i>)
2:30pm-3:15pm	Closing/Wrap up